Second Class Rank

Workbook

This Workbook can help you organize your thoughts as you read your Boy Scout Handbook. You still must satisfy your Scoutmaster that you can *demonstrate* each skill and have *learned* the information. No one can add or subtract from the Boy Scout Requirements #33215. Merit Badge Workbooks and much more are below: Online Resources.
Send comments to: craig@craiglincoln.com. Requirements revised: 1/1/2008, Workbook updated: December 2008.

Scout's Name: _____ Troop: _____

1a. Demonstrate how a compass works and how to orient a map. _____

Explain what map symbols mean. _____

_____ _____

_____ _____

_____ _____

_____ _____

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_____ _____

1b. Using a compass and a map together, take a five-mile hike (or 10 miles by bike) approved by your adult leader and your parent or guardian. (Note: If you use a wheelchair or crutches, or if it is difficult for you to get around, you may substitute "trip" for "hike.") _____

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2a. Since joining, have participated in five separate troop/patrol activities (other than troop/patrol meetings), two of which included camping overnight.

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2b. On one of these campouts, select your patrol site and sleep in a tent that you pitched. _____

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2c. On one campout, demonstrate proper care, sharpening, and use of the knife, _____

saw, _____

and ax, _____

and describe when they should be used. _____

_____

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_____

2d. Use the tools listed in requirement 2c to prepare tinder, kindling, and fuel for a cooking fire. _____

2e. Discuss when it is appropriate to use a cooking fire and a lightweight stove. _____

_____

Discuss the safety procedures for using both. _____

_____

2f. Demonstrate how to light a fire _____

and a lightweight stove. _____

2g. On one campout, plan and cook over an open fire one hot breakfast or lunch for yourself, selecting foods from the food pyramid. _____

Explain the importance of good nutrition. _____

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_____

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Tell how to transport, store, and prepare the foods you selected. _____

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3. Participate in a flag ceremony for your school, religious institution, chartered organization, community, or troop activity. _____

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4. Participate in an approved (minimum of one hour) service project. _____

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5. Identify or show evidence of at least 10 kinds of wild animals (birds, mammals, reptiles, fish, mollusks) found in your community.

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6a. Show what to do for "hurry" cases of stopped breathing, _____

serious bleeding, _____

and internal poisoning. _____

6b. Prepare a personal first-aid kit to take with you on a hike. _____

6c. Demonstrate first aid for the following:

- Object in the eye _____
- Bite of a suspected rabid animal _____
- Puncture wounds from a splinter, nail, and fishhook _____
- Serious burns (second-degree) _____
- Heat exhaustion _____
- Shock _____
- Heatstroke, _____

_____

dehydration, _____

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_____

hypothermia, _____

_____

_____

and hyperventilation _____

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7a. Tell what precautions must be taken for a safe swim.

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7b. Demonstrate your ability to jump feetfirst into water over your head in depth, level off and swim 25 feet on the surface, stop, turn sharply, resume swimming, then return to your starting place. _____

7c. Demonstrate water rescue methods by reaching with your arm or leg, by reaching with a suitable object, and by throwing lines and objects. _____

Explain why swimming rescues should not be attempted when a reaching or throwing rescue is possible, _____

_____

_____

and explain why and how a rescue swimmer should avoid contact with the victim. _____

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8a. Participate in a school, community, or troop program on the dangers of using drugs, alcohol, and tobacco and other practices that could be harmful to your health. Discuss your participation in the program with your family. _____

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8b. Explain the three R's of personal safety and protection.

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9. Demonstrate Scout spirit by living the Scout Oath (Promise) and Scout Law in your everyday life. _____

10. Participate in a Scoutmaster conference. _____

11. Complete your board of review. _____

Notes

Alternate requirements for the Second Class rank are available for Scouts with physical or mental disabilities - click here to learn more.

The requirements for Tenderfoot, Second Class, and First Class ranks may be worked on simultaneously; however, these ranks must be earned in sequence.

Online Resources *(Use any Internet resource with caution and only with your parent's or guardian's permission.)*

Boy Scouts of America: ► scouting.org ► Guide to Safe Scouting ► Age-Appropriate Guidelines ► Safe Swim Defense ► Scout ► Tenderfoot ► Second Class ► First Class 🎬 Rank Videos ► Safety Afloat

Boy Scout Merit Badge Workbooks: usscouts.org -or- meritbadge.org **Merit Badge Books:** www.scoutstuff.org

Guide to Safe Scouting Safe Swim Defense Safety Afloat Blood Borne Pathogens Youth Protection Training

Requirement Resources

These resources and much more are at: http://meritbadge.org/wiki/index.php/Second_Class_Rank

BSA Skill Lesson Videos

1a. Map & Compass:

- **Topographical Maps** Free US Geological Survey - Topozone.com - Google Satellite, Street, and Terrain Maps
- How a Compass Works

1b. Hiking

- **Hiking Lesson Videos**: Planning - Footwear - Blisters - Gear - Cold Weather - Warm Weather - Layering

2c. Can be completed by earning the Totin' Chip.

2d. Fire - Can be partially completed by earning the Firem'n Chit.

- **Fire Starting Videos**:
  Build a Fire - Site - Kindling - Wood - Flint & Steel - BlastMatch - Steel Wool - Fire Piston - Magnifying Glass - Log Cabin - Tee Pee - Dangers - Safety
- '*Other links*: Firem'n Chit - Fire Safety merit badge Campfire building

2g. Cooking

- **Cooking Lesson Videos**: Food Selection - Food Quality - Stoves - Utensils - Water Purification - Leave No Trace
- **Other Cooking links**: Leave No Trace - Cooking - Water Treatment - Stove Safety - Food Safety - Meal Ideas

3. Flag Ceremonies

4. Service Projects

6. First Aid:

- **First Aid Lesson Videos**: Basics - Basics2 - Wilderness First Aid - CPR Basics - Venomous Snake Bite - First Aid Kits
- **Other First Aid Links**: Mayo Clinic First Aid Guide - Bleeding First Aid Video - Class 1 Exam - Class 3 - Warning Signs of Cancer - Heart Disease

7. Swimming:

- **Swimming Lesson Videos**: Stretching - Tread Water - Float - How to Swim - Survival Floating - Freestyle - Breaststroke - Backstroke - Trudgeon - Butterfly - Diving Safety - Racing Dive - Snorkeling - SCUBA Diving
- **Other Swimming Links**: Swimming Merit Badge - Safe Swim Defense - Safety Afloat - BSA Swim Test - Buddy System - Sidestroke - Trudgeon

9: What does Scout Spirit really mean? (It's not what you do in your troop!)

10: Scoutmaster Conference - Explains that you don't "pass" a Scoutmaster Conference and how to appeal.

11: Board of Review - What can they ask? How long can it be? Is the uniform really required? How do you appeal?